



Gender-Affirming Services

Medical & mental health care for gender-expansive students

Cornell Health offers medical and mental health services to students who are transgender, gender-expansive, questioning their gender identity, and/or considering hormonal or surgical gender transition.

Our services are guided by best practices developed by the World Professional Association for Transgender Health (WPATH).

Services

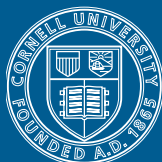
Cornell Health providers who specialize in gender-affirming care can offer students ...

- individual and group counseling related to gender identity
- medical care for the initiation and management of gender-affirming hormones
- prescriptions for gender-affirming hormones and syringes that can be filled at the Cornell Health pharmacy (or elsewhere)
- recommendations for surgeons who specialize in gender-affirming surgical procedures
- pre-operative testing and post-operative care
- official letters to support gender-affirming surgery, gender marker changes, and name changes
- chest binders and tucking underwear available for no charge in our pharmacy

More information about these services, as well as information about health insurance coverage, can be found at health.cornell.edu/gender-services. (over)

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Establishing care at Cornell Health

We recommend scheduling an initial appointment with a provider on our Gender Services team who specializes in providing gender affirming care.

At your appointment, you will have the opportunity to discuss your needs and goals (including physical care, sexual health, and emotional and social well-being), as well as any questions or concerns you may have.

Appointments can be scheduled in two ways:

- Schedule online via myCornellHealth (log in from any page of our website)
- Or call us at 607-255-5155 and request an appointment with a member of our Gender Services team

Detailed information about making appointments can be found at health.cornell.edu/gender-services.

Additional resources for support

- **Cornell LGBT Resource Center:**
lgbtrc@cornell.edu
- **Ithaca Transgender Group:**
ithacatransgendergroup.com
- **Planned Parenthood: Ithaca Health Center**
plannedparenthood.org
- **Trans Lifeline**
translifeline.org; 1-877-565-8860 (24/7)
- **Gay, Lesbian, Bisexual and Transgender National Helpline:** 1-888-THE-GLNH
(1-888-843-4564)
- **The Trevor Project**
24/7 hotline for LGBTQ+ and questioning youth: 866-4-U-TREVOR (866-488-7386);
text & chat: thetrevorproject.org

Find more resources:

Visit the LGBT Resource Center's website

